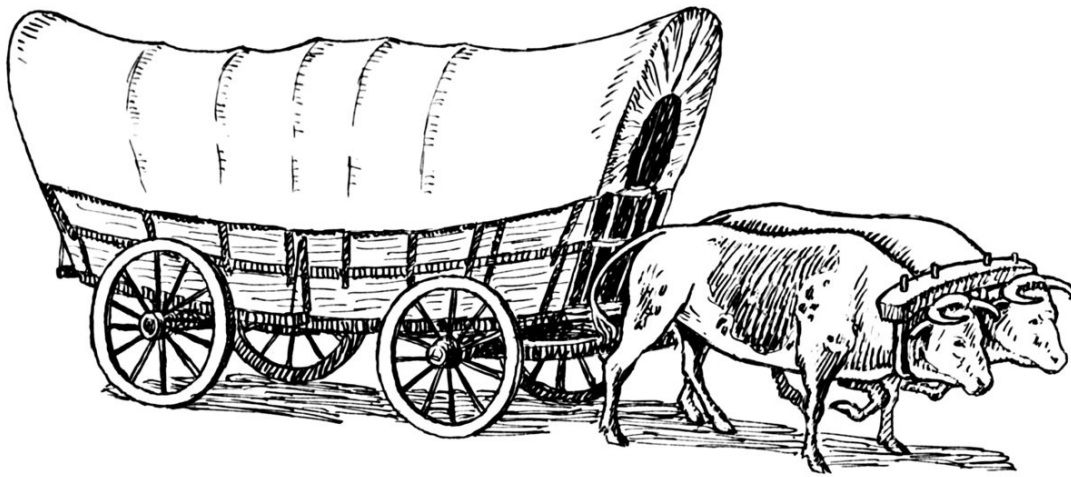


SACRAMENTO HISTORY MUSEUM

HEAD WEST



SYNOPSIS OF PROGRAM

The Head West program adheres to 3rd - 5th grade California curriculum standards and provides an educational experience outside the classroom. Using artifacts, maps, and stories, it introduces pioneer vocabulary, shows what equipment pioneers used, and describes the challenges faced by those who traveled West.

CORRELATION WITH CALIFORNIA STANDARDS

Social Studies

- 3.3.1 Research the explorers who visited here, the newcomers who settled here, and the people who continue to come to the region, including their cultural and religious traditions and contributions.
- 4.3.2 Compare how and why people traveled to California and the routes they traveled (e.g., James Beckwourth, John Bidwell, John C. Fremont, Pio Pico).

- o 4.4.1 Understand the story and lasting influence of the Pony Express, Overland Mail Service, Western Union, and the building of the transcontinental railroad, including the contributions of Chinese workers to its construction.
- o 4.4.3 Discuss immigration and migration to California between 1850 and 1900, including the diverse composition of those who came; the countries of origin and their relative locations; and conflicts and accords among the diverse groups (e.g., the 1882 Chinese Exclusion Act).
- o 4.4.4 Describe rapid American immigration, internal migration, settlement, and the growth of towns and cities (e.g., Los Angeles).
- o 5.8.2 Name the states and territories that existed in 1850 and identify their location and major geographical features (e.g. mountain ranges, principal rivers, dominant plant regions, etc.)
- o 5.8.3 Demonstrate knowledge of the explorations of the trans-Mississippi west following the Louisiana Purchase (e.g. Meriwether Lewis and William Clark, Zebulon Pike, John Fremont, etc.)
- o 5.8.4 Discuss the experiences of settlers on the overland trails to the west (e.g. location of the routes, purpose of the journeys, the influence of the terrain, rivers, vegetation, and climate, life in the territories at the end of these trails).
- o 5.8.6 Relate how and when California, Texas, Oregon, and other western lands became part of the United States, including the significance of the Texas War for Independence and the Mexican-American War.

Head West Word Find

M G M Y R U Q C U M P F F L S
T E X U B P L E K A J R Z I U
Y H X F S A W C K N K F W A T
K K P I R K A A M I W O L R T
Q J R K C T E N M F Z D T T E
E Z I E D A B T X E Y F Q N R
A Z O R J X N C R S H V L O S
N N A D E F Q A A T B N E G F
A H N T E J E Q M D W S W E O
I E C N E D N E P E D N I R R
S N O G A W J V B S R R S O T
I S A N T A F E F T H I D A U
U C M A I N R O F I L A C S M
O V A I E H F G I N J N W A H
L J E D T N L I J Y C R D W N

Beef Jerky

California

Clark

Oregon Trail

Independence

Lewis

Manifest Destiny

Musket

Louisiana

Mexican American

Hardtack

Santa Fe

Sutter's Fort

Wagon

Head West Worksheet

Instructions: Match the vocabulary words with the definition

President who promised that America would range from "sea to sea"

Lewis and Clark

These were two famous explorers

Mexican- American

An old rifle

Polk

The belief that the United States was destined to stretch from coast to coast

California Route

One of the main Overland Trail route

Manifest-Destiny

City in Missouri where many pioneers left from

Hardtack

War that led to the United States receiving California

Independence

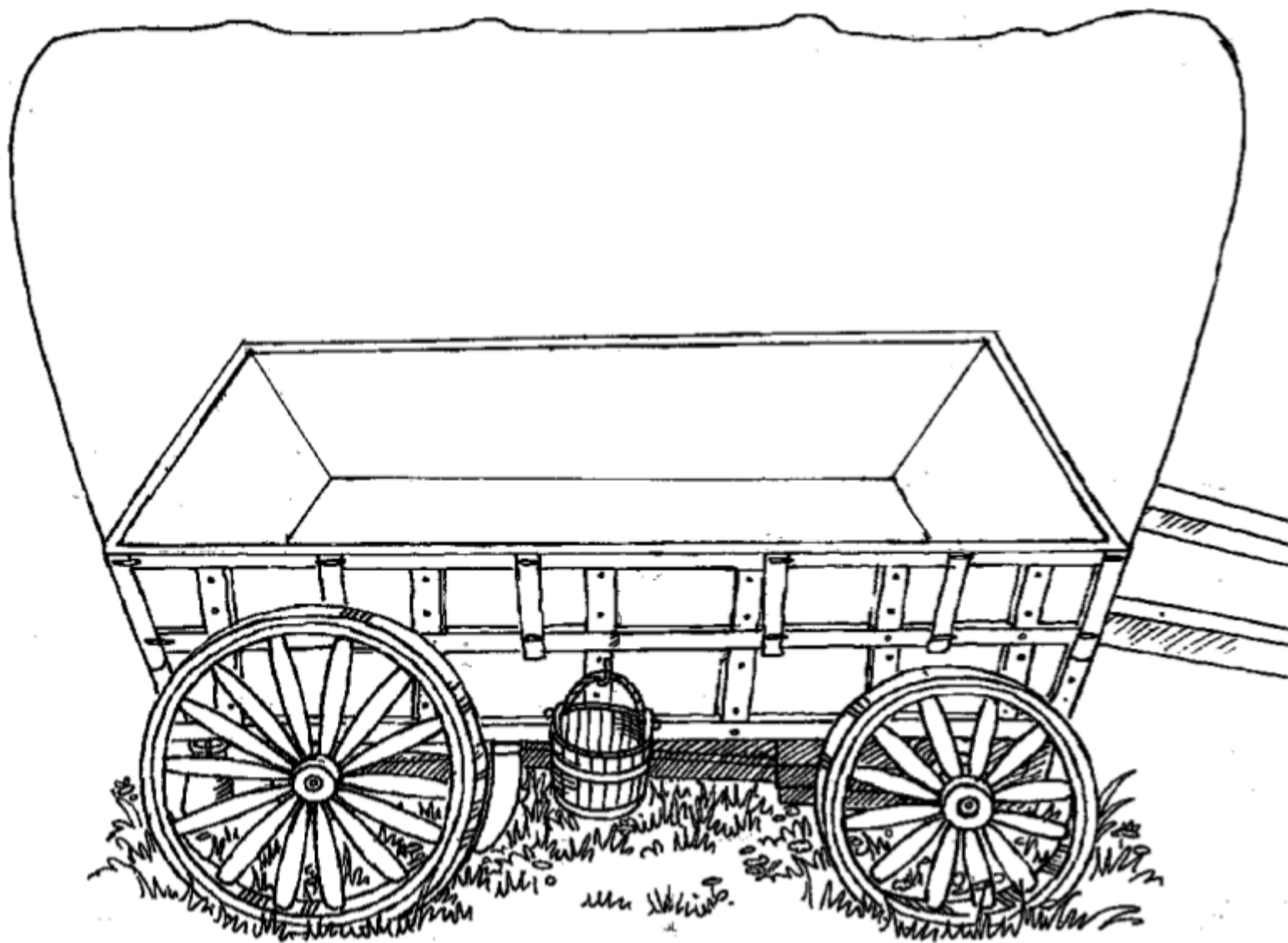
A biscuit that could last a long time before going bad

Musket

What I Am Taking?

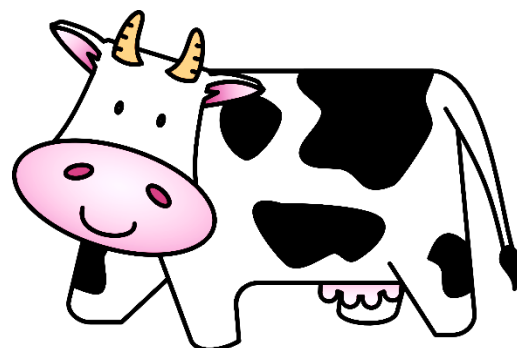
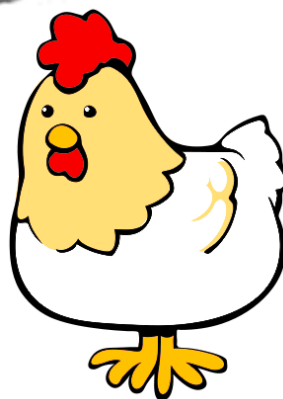
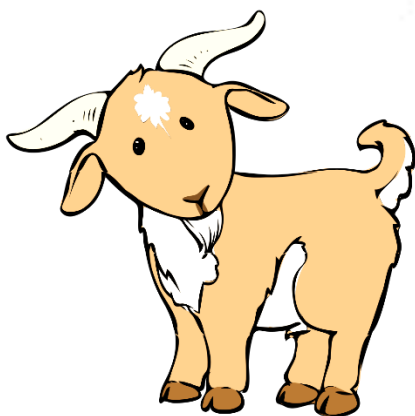
A typical covered wagon was 4 feet wide and 10 feet long.
Can you get out your measuring tape and see how big that is?
Not very!

It could hold about 2,500 pounds of food and supplies.



MY OPTIONS

Choose only 8 items to put in your wagon.



Wagon Activity Questions:

1. What supplies did you pick?

2. Why did you pick these items?

3. What other items would you want to take on the journey with you that were not included on this list?

Head West Observation

Before the Presentation

1. How long do you think it takes to travel on the overland trail?

2. When is the best time of year to leave for your journey?

3. What supplies do you think you need for the trip to be successful?

4. What are some problems that you might encounter on the journey?

5. Why do you think people wanted to travel to California?

After the Presentation

1. Was your guess about how long the journey would take correct?

2. When was the best time of year to leave for the journey and why?

3. What supplies were important to have for the journey?

4. Were there any problems that your group faced on your own journey?

5. If you lived in the 1800's would you have made the overland journey? Why or Why not?

Map Activity

On the map below mark some important city, features, and routes that were discussed during the program.



Mark the following points:

- Mark Independence, Missouri with a dot
- Mark Sacramento, CA with a star
- Draw a circle around the territory included in the Louisiana Purchase
- Draw a line for the California Trail route
- Draw your own route from the East Coast to the West Coast

What is the name of your new route?

What are some of the stops along the route?

